

## Calendar of Events

### Important phone numbers:

Main Office: 668-3300

Attendance Line: 668-3347

Sept. 28 – DPS Homecoming Parade/Tailgate @ 5:00 pm

Oct. 18 - Grade 6 band concert, 7:30 p.m. DHS Auditorium

Nov. 1 - End of 1st marking period

Nov. 2 - No school, PS-12, records day

Nov. 5 - 2nd nine weeks begins

Nov. 8 - Grade 6 choir concert, 6:30 or 7:30 pm, HW gym

Nov. 8 - HW picture retakes

Nov. 19 - PS - 8 only, P/T conferences

Nov. 20 - PS - 8 only, P/T conferences

Nov. 21 - No school, PS-8 only, P/T conferences

Nov. 22 - Thanksgiving day, no school, PS-12

Nov. 23 - No school, PS-12, Thanksgiving recess

### Presidential Active Lifestyle Award

Attention Herbison Woods students, parents, and staff.....

We have a challenge for you. This year we would like each student to earn the Presidential Active Lifestyle Award. This is a great way for all of us to motivate and teach our students and children about the importance of living an active lifestyle. In order to earn the award, students will be required to keep an activity log for 6 weeks. Children (18 and under) are required to complete 60 minutes of physical activity 5 days a week for 6 weeks. Adults are required to complete 30 minutes of physical activity 5 days a week for 6 weeks. The challenge will run from Friday, September 28 until Monday, November 26, allowing students 8 weeks to complete the challenge. Students may record up to 15 minutes of recess time a day (if they were active), and up to 35 minutes for each physical education class. Parents and teachers should encourage, motivate, and lead students by example. Try to get the whole family involved and make physical activity fun, normal part of each day. Please have your child(ren) begin recording their physical activity as soon as possible. The extra weeks are available in case a child becomes ill or does not meet the requirements in any given week. As soon as your child has successfully completed the challenge, have them return their activity log to their teacher. Each student that successfully completes the challenge will receive a Presidential Active Lifestyle Award. Thank you for your support and encouragement for each student to make healthy lifestyle choices. If you have any questions, concerns, or comments please do not hesitate to contact Mrs. Brya or Mr. Palmer. Also, Sunday (9/30) is National Family Health and Fitness Day ([www.fitnessday.com](http://www.fitnessday.com)). What a great way to kick off the challenge!!

Mrs. Sarah Brya and Mr. Scott Palmer

Herbison Woods Physical Education

[bryas@dewitt.edzone.net](mailto:bryas@dewitt.edzone.net)

668-3334

[palmers@dewitt.edzone.net](mailto:palmers@dewitt.edzone.net)

668-3332

### HERBISON WOODS STUDENT COUNCIL IS BEGINNING ITS RUN!

Applications are now available for students who are interested in running for classroom representatives at Herbison Woods. The application process includes two (2) teacher recommendations, a parent/guardian signature, and thoughtful responses to three (3) questions for the candidate. Applications are available in the office and are due on or before Monday, October 1, 2007. For more information, feel free to contact Ms. O'Brien at [obrien@dewitt.edzone.net](mailto:obrien@dewitt.edzone.net) or Mrs. Leaver at [leaver@dewitt.edzone.net](mailto:leaver@dewitt.edzone.net).

### WE NEED YOUR TABS!

At Herbison Woods, we are collecting aluminum tabs from your beverage cans or other tabbed items such as canned fruit, juice, soup, and even pet food. Help us to fill our containers for the worthwhile donation to the local Ronald McDonald House where the tabs are melted down and sold. The money is used to help pay the lodging costs for families who can't afford lengthy stays near hospitals where loved ones are receiving treatments. This is an ongoing, all-year collection.

## **HERBISON WOODS IS GOING "GREEN"!**

Adults as well as children are becoming increasingly aware of the benefits of recycling. While recycling is nothing new in this day, our school is developing an easy way to reduce the waste in our own bins by recycling PETE #1 and #2 drink bottles. Many students take the opportunity to bring such bottles with water, vitamin, and sports drinks for lunches and snacks. Why just throw the empty bottles away? Each classroom now has a new recycling box for such plastic bottles. Students have been busy in their art classes decorating their recycling boxes for a friendly competition among home rooms; we are looking for creatively decorated recycling boxes to stand out and promote recycling awareness. RINSE! CRUSH! RECYCLE! GO GREEN!

## **DeWitt Travel Basketball Coaching Applications**

The DeWitt Travel Basketball Association (DTBA) is accepting coaching applications for the 5th and 6th grade boys and 5th, 6th, 7th, and 8th grade girls 2007-2008 competitive basketball season. Applications are available in the DeWitt Administration office located in the south side of the junior high building, or E-mail at [pknoy@comcast.net](mailto:pknoy@comcast.net) and we will forward one to you. Completed applications must be returned to DTBA, P.O. Box 192, DeWitt, MI 48820 and must be received by October 15, 2007. For more information contact DTBA President Chuck Embs at 668-9036 or Vice-President Dennis Rogoszewski at 669-2130.

## **Open Basketball**

Open basketball will be held on Monday nights from 6:00 - 7:30 pm at the Junior High Gym for all students eligible for DeWitt Travel Basketball Association programs (boys and girls 5th - 8th grade). There will be a board member to supervise. There is no cost and the scheduled dates are:

October 1, 8, 15, 22 - JH large gym

October 28 - JH small gym

## **Smoother Sailing - Mrs. Terri Severy, Counselor**

As part of our school's Smoother Sailing school counseling program, students may be invited to participate in small educational support groups with the school counselor. Invitation to membership in a group can be based on parent, child, and/or teacher recommendation. Participation in the group is only by written permission from the parent. Groups are currently forming and will start later this fall. They will meet once a week during lunch/lunch recess for approximately 6- 8 weeks. On-going groups may meet longer than that. The following is a brief description of the groups currently being offered:

Relaxing With Friends – focusing on making and keeping friends, connecting with others, a friendship group

Be a Better Student – focusing on getting organized, making a plan and setting goals, taking good notes, study tips and practices, becoming a better student

PBS – Positive Behavior Supports – focusing on positive attitudes, good behavior, being responsible for what we say and do, getting along with others at school

F.I.S.H. - Families in Separate Homes - focusing on students who are experiencing or have experienced a family change. Content will include: me and my family, finding out about family changes, talking and sharing, adjusting and finding a new normal

Sandcastles and Seashells – focusing on children who have suffered a loss, creating a safe place to explore that loss, finding a peaceful place and moving on

If you would like to know more information and/or request that your child be part of a group, please contact Terri Severy, HW school counselor, at 668-3346

If you have any questions, please contact us at 668-3300.